#### **Roommate Contract**

#### **Introduction to the Roommate Contract:**

This roommate contract is a document that should be agreed upon at the beginning of your time living together. It is a document that will help develop your relationship with your roommates. Within the document,

Please print your names Roommate #1.	
Roommate #2.	_
	_

you will discuss how you will address conflict. It also is a chance for you to get to know each other; as many of you will be complete strangers. Even if you know your roommate before moving in, you should fill out a contract because you may have never lived with your friends before and that can change a relationship

Please take the time to fill this out together, and be as honest as possible. The goal behind this document is to ensure you have the most positive time within residence as possible. As you work through each section, take note of any conflicts, disagreements and challenges that arise and please make notes on them in the resolving conflict section at the end of the contract. Once you have completed the contract and have come up with solutions. Sign the agreement and keep it easily accessible for review if necessary.

#### Remember...

You do not have to be best friends with your roommate, but you do have to:

- Respect each other
- Communicate honestly and effectively
- Seek assistance when needed to avoid conflicts

I believe that being a good roommate means the following:(i.e. Keeping a good sense of humour, Being considerate of roommate's privacy, etc)			
Roommate #1:	Roommate #2:		
•	•		
•	•		
•	•		
•	•		
•	•		
If I am experiencing conflict I typically deal with it the	ne following way: (i.e. Avoidance, Talk to my family, Talk through		
Conflict, Compromise, etc)	te following way. (i.e. Avoluance, Taik to my family, Taik infough		
Roommate #1:	Roommate #2:		
•	•		
•	•		
•	•		
•	•		
•	•		

About Me					
	Roon	nmate #1	Roommate #2		
What are your priorities (i.e. Scho Socializing etc)	ol,				
Most nights, I expect to go to sleep	by by				
I expect to get up most morning by	,				
It really bothers me when, so p					
Roomm	rate #1		Roommate #2		
1.					
2.					
3.					
List of my personal Habits (smoking, drinking, meditation, exercise, hobbies, etc.):					
Roomm	ıate #1		Roommate #2		
1.					
2.					
3.					
Temperature:					
Because the temperature of the room can be adjusted by the residents within the room, it is best to have a set temperature for during the day and the night. This is something that may need to change as the weather changes. During the day (state hours:) the temperature will remain at degrees.  During the night (state hours:) the temperature will remain at degrees.					
Study and Quiet Hours:					
	Roommate #1		Roommate #2		
The following day(s) will be set aside for studying					
The following time(s) will be set aside for studying					

# **Community/Personal Property:**

You may use these possessions of mine:

	Roommate #1			Roommate #2		
TV, Computer/Laptop	Yes□	No □	Yes, but ask□	Yes□	No □	Yes, but ask□
Appliances/dishes	Yes□	No □	Yes, but ask□	Yes□	No □	Yes, but ask□
Clothing	Yes□	No □	Yes, but ask□	Yes□	No □	Yes, but ask□
Food	Yes□	No □	Yes, but ask□	Yes□	No □	Yes, but ask□

# Cleaning:

	Roommate #1	Roommate #2
I will keep my room/area tidy	Yes□ No □	Yes□ No □
Who will be responsible for	#1□ #2□ Both□ alternate □	#1□ #2□ Both□ alternate □
taking out the garbage and		
recycling		
Who will be responsible for	#1□ #2□ Both□ alternate □	#1□ #2□ Both□ alternate □
doing the dishes		
When will dishes be completed?	Immediately□ Morning□ Evening	Immediately□ Morning□ Evening □ Other
	□ Other	
Kitchen and Bathroom Cleaning	Both□ Alternate □ Schedule □	Both□ Alternate □ Schedule □

### **Guests and Visitors:**

	Roommate #1	Roommate #2
Are you comfortable with guests?	Yes□ No □	Yes□ No □
If yes, how many at one time		
Are you comfortable with male and female guests?	M □ F □ Both □ Neither □	M □ F □ Both □ Neither □
When are guests allowed?	Day □ Evening □ Weekends□	Day □ Evening □ Weekends□

# **Resolving Conflict:**

After completing the previous section, you and your roommate have had a chance get to know each other and
your similarities and differences. This section is for you to make notes about where you think conflict could
arise and how you will deal with it. This should help you to build a positive relationship. If however, you have
encountered any problems that you please address them and come up with some compromises and solutions.

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Items to Further Discuss:			
Finalized Conflict Resolution Terms: This section is for you to come up with some you have had.	finalized str	rategies for resolving conflict based on the discussions	
Problems or Disagreement		Compromise or Solution	
(i.e) Roommate #1 does not like guests on the v		(i.e.)Agreeing on one weekend a month where Roommate 2 could have friends come up and stay and Roommate 2 will post these dates on a calendar in the kitchen.	
Agreement: By signing this agreement, we as roommates, all terms that we have made.	, complete th	nis exercise in good faith, and fully intend to abide by	
Date: Roommate #1 S Roommate #2 S Room #:	•		